



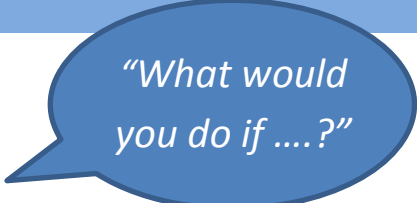
# BEYOND THE FRONT DOOR

## “What would you do if ...?” - Essential Conversations

**Starting ‘big school’ or the start of another school means new experiences ... which also may raise potential concerns.**

As parents we cannot plan everything for our children, but it is a good idea to frequently chat about a range of “What if ...?” scenarios to give them the opportunity to build resilience and develop confidence as their world continues to expand.

*It is important to choose the right time, and keep it calm and casual.*



### Conversations starters ...

Sometimes an incident on TV, in a book or something that has happened to another child they know, may provide an opportunity to introduce the subject and ask them whether they think the person did the right thing or what they would have done in a similar situation. These may include, “What would you do if ... ..

- ✚ have an “accident”
- ✚ feel uncomfortable
- ✚ lose their bag/opal card/money
- ✚ feel sick/unwell
- ✚ miss the bus
- ✚ forget lunch or morning tea
- ✚ lose a tooth
- ✚ someone is teasing them
- ✚ can’t find mum or dad
- ✚ there is a fire or emergency
- ✚ someone hurts them
- ✚ the bus breaks down
- ✚ forgetting their homework



Who is your child’s “support network”?



research, case studies, practical resources  
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